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演講主題

Database Research on Postpartum Disease:
Taking Mastitis as an Example.
產後諸症的資料庫研究：以乳腺炎為例

Abstract 摘要:

Mastitis is one of the common disorders experienced by postpartum women. Clinical symptoms include breast pain, warmth, erythema, and occasionally accompanied by general malaise or fever. The management of mastitis consists of symptomatic treatment and effective milk removal. When infection is suspected, the treatment strategy includes antibiotics additionally.

Mastitis is known as “Ru Yong” in Chinese medicine and it is usually caused by liver Qi depression, stomach heat, infections, inadequate breastfeeding. However, little information is available regarding the use of Chinese herbal medicine to treat mastitis in clinical.

We conduct a study based on Taiwan’s National Health Insurance Research Database (NHIRD) to investigate the application of Chinese herbal medicine among female patients with mastitis. The study showed that 5.1% women received Chinese herbal medicine to treat mastitis.

Xian-Fang-Huo-Ming-Yin, Jia-Wei-Xiao-Yao-San, and Chai-Hu-Shu-Gan-San were three of the most commonly prescribed Chinese herbal formulae.